



Diversity Health Fair

“Cancer Prevention & Early Detection”

Friday, March 16, 2012 - 9:30am - 3:00pm
Vernon Recreation Centre, 3310 37th Avenue

EVENT OVERVIEW

Vernon & District Immigrant Services Society's (VDISS) Fifth Annual Diversity Health Fair will provide the opportunity to discover health services, programs and products to promote physical and emotional well-being. Participants will obtain information on new and existing health services and hear about healthy living ideas through food demonstrations, interactive activities and health screenings. Planned entertainment activities include a kids' area, crafts, dance groups and much more. VDISS is pleased to announce special guest speaker, **Dr. Art Hister, GlobalTV's Daily Health Analyst**, who will open the fair and speak to this year's focus “**Cancer Prevention & Early Detection**”.

The Diversity Health Fair will provide an opportunity to support the multicultural community. People from ethno-cultural communities may face barriers in accessing health-care services and information, including language, cultural practices and lack of information on how to navigate the health system. The fair will provide tools for individuals to make informed decisions and lead healthier more active lives assisting with the prevention of chronic health problems.

This year, the community-based EmbraceBC Inter-faith Project will partner with VDISS to draw awareness and understanding of social, cultural, ethnic, linguistic and religious diversity striving to strengthen participation and increased development with Faith Communities, Diverse Groups and the general public.

Where else could you learn about cancer, healthy eating, get your blood pressure checked, discover how to create a healthy weekday dinner on a budget, or learn some new yoga moves all under the same roof and with access to material in different languages?



#100 - 3003 30th Street
Vernon, BC V1T 9J5
Phone: 250.542.4177
Fax: 250.542.6554
Email: vdiss@shaw.ca

