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Community and Information

Vernon and District Immigrant Services

City of Vernon

3400 30th Street
Vernon, BC, V1T 5E6
Phone: (250) 545-7171

Community Futures

3105 33rd Street
Vernon, BC, V1T 9P7
Phone: (250) 545-2215
Fax: (250) 545-6447

E-mail: info@futuresbc.com

Website: www.futuresbc.com

Social Planning Council

3205 31st Avenue
Vernon, BC, V1T 2H2
Phone: (250) 545-8572
Fax: (250) 545-0091
E-mail: info@socialplanning.ca
Website: www.socialplanning.ca

Vernon Visitor Centre

701 Hwy 97 South
Vernon, BC V1B 3W4
Phone: (250) 542.1415 or (800) 665.0795
info@vernontourism.com



ARTS AND CULTURE

Creative Chaos

Box 1322
Vernon Recreation Centre
Vernon, BC
Phone: (204) 545-6963
E-mail: info@creativechaoscrafts.com
Website: www.creativechaoscrafts.com

Greater Vernon Museum & Archives



3009 32nd Avenue
Vernon, BC, V1T 2L8
Phone: (250) 542-3142
Fax: (250) 542-5358
E-mail: mail@vernonmuseum.ca
Website: www.vernonmuseum.ca

Powerhouse Theatre

2901 - 35th Avenue
Vernon, BC, V1T 2S7
Phone: (250) 542-6194
E-mail: info@powerhousetheatre.net
Website: www.powerhousetheatre.net

Okanagan Vocal Arts Festival Society

#480, 3104 - 30th Avenue
Vernon, BC
Phone: (250) 503-2113
E-mail: info@ovaf.ca



ARTS AND CULTURE

Vernon & District Performing Arts
Centre

3800 33rd Street
Vernon, BC, V1T 5T6
Phone: (250) 542-9355
Fax: (250) 542-9384
E-mail: boxoffice@ticketseller.ca
Website: www.ticketseller.ca

Vernon Winter Carnival

3401 35th Avenue
Vernon, BC
Phone: (250) 545-2236

Vernon Public Art Gallery

3228 - 31st Avenue
Vernon, BC, V1T 2H3
Phone: (250) 545-3173
Fax: (250) 545-9096
E-mail: vernonartgallery@shawbiz.ca
Website: www.galleries.bc.ca/vernon

Okanagan Regional Library

3001 - 32nd Avenue
Vernon, BC V1T 2L8
Phone: 542-7610
Fax: 542-7539

Government

BC Access Centre

3201 - 30th Street
Vernon, BC, V1T 9G3
Phone: (250) 549-5511
Fax: (250) 549-5508
E-mail: GABWebmaster@gems4.gov.bc.ca
Website: [www.governmentagents.gov.bc.ca/
locations/vernon.htm](http://www.governmentagents.gov.bc.ca/locations/vernon.htm)

Downtown Vernon Association

#4, 3101 - 29th Street
Vernon, BC, V1T 5A8
Phone: (250) 542-5851
Fax: (250) 545-0001
E-mail: info@downtownvernon.org
Website: www.downtownvernon.org

Better Business Bureau

Suite 404 - 788 Beatty Street
Vancouver, BC, V6B 2M1
Phone: (604) 682-2711
Fax: (604) 681-1544
E-mail: bbbmail@bbbvan.org
Website: <http://www.bbb.org/> [http://
www.bbbvan.org](http://www.bbbvan.org)

Greater Vernon Chamber of Commerce

#102 2901 32nd Street
Vernon, BC, V1T 5M2
Phone: (250) 545-0771
Fax: (250) 545-3114
E-mail: info@vernonchamber.ca
Website: www.vernonchamber.ca

Government

Regional District of North Okanagan

9848 Aberdeen Road
Coldstream, BC, V1B 2K9
Phone: (250) 550-3700
Fax: (250) 545-1445
E-mail: info@nord.bc.ca
Website: www.nord.bc.ca

Health Canada

101 - 1475 Ellis Street
Kelowna, BC, V1Y 2A3
Phone: (604) 666-2083
Fax: (604) 666-2258
E-mail: info@hc-sc.gc.ca
Website: www.hc-sc.gc.ca

Service Canada Centre

3202 - 31st Street
Vernon, BC, V1J 5J1
Phone: (250) 545-2125
Fax: (250) 545-0241
Toll Free: 1-800-884-9822
Website: www.servicecanada.gc.ca

VDIS

Immigration

Vernon and District Immigrant Services

Vernon & District
Immigrant Services
Society

Suite 100 - 3003 30th Street
Vernon, BC, V1B 9J5
Phone: (250) 542-4177
Fax: 542 - 6554
E-mail: vdiss@shaw.ca

Provides Immigration forms
and information, ESL classes,
settlement assistance, em-
ployment assistance, referrals
and a Translators list.

Citizenship &
Immigration Canada

Toll Free: 1-888-242-2100
Website: www.cic.gc.ca

Emergency Services

City of Vernon Utility Emergencies

Day: (250) 549-2546

Nights & Weekends: (250) 542-5361

Poison Control

Toll Free: 1-800-567-8911

Ambulance, Fire, Police

Emergency Use Only

Vernon, BC

Phone: 911

Community Response Team

Vernon, BC

Phone: (250) 260-7893 (leave message)

Crisis Line

Vernon, BC

Phone: (250) 545-2339

Crime Stoppers

1-800-222-8477



Law and Community

RCMP Vernon & District

3402- 30th Street
Vernon, BC, V1T 5E5

The Vernon Community Police Office

101 - 3334 30th Avenue
Vernon, BC, V1T 2C8
Phone: (250) 260-5833
Fax: (250) 260-5866

Website: www.vernoncommunitypolicing.com

Supreme & Provincial Courthouse

3001 - 27th Street
Vernon, BC, V1T 4W5
Phone: (250) 549-5422

Workers' Compensation Board

110-2045 Enterprise Way
Kelowna, B.C.
Toll-free: 1 888 967-5377



Employment

Employment Standards Branch

107, 1664 Richter Street
Kelowna, BC, V1Y 8N3
Phone: (250) 861-7404
Toll Free: 1-800-663-3316
Website: www.labour.gov.bc.ca

Employment Enhancement Society

102, 3201 - 30th Street
Vernon, BC, V1T 9G9
Phone: (250) 545-0585
Fax: (250) 545-5418
E-mail: noees@noees.com
Website: www.noees.com

Connections Career Centre

3309C - 31st Avenue
Vernon, BC, V1T 2H4
Phone: (250) 545-5705
Fax: (250) 545-6020
E-mail: generalinfo@connectionscentre.ca
Website: www.connectionscentre.ca

Schools and Education

School District No. 22

1401-15th Street
Vernon, BC, V1T 8S8
Phone: (250) 542-3331
Fax: (250) 549-9200
Website: www.sd22.bc.ca

School District No. 83
Enderby/Armstrong/Spallumcheen



220 Shuswap N.E.
P.O. Box 129
Salmon Arm, BC, V1E 4N2
Phone: (250) 832-2157
Fax: (250) 832-9428
Website: www.sd83.bc.ca

Okanagan University College

7000 College Way
Vernon, BC, V1B 2N5
Phone: (250) 503-2650
Fax: (250) 503-2653
Website: www.ouc.bc.ca/ce/vernon

Okanagan Valley College of Massage
Therapy

#200 3400 30th Ave
Vernon, BC, V1T 2E2
Phone: (250) 558-3718
Fax: (250) 558-3748
Toll Free: 1-800-701-8863
E-mail: aysutton@telus.net
Website: www.ovcmt.com

Schools and Education

Sprott-Shaw Community College

200 - 3100 - 30th Avenue

Vernon, BC, V1T 2C2

Phone: (250) 558-0855

Fax: (250) 558-0411

Website: www.sprottshaw.com

Open Door Education Centre

2901 29 Street

Vernon, BC, V1T 5A5

Phone: (250) 549-3546

Fax: (250) 549-0411

E-mail: rdedora@sd22.bc.ca

Website: www.sd22.bc.ca/altsch/opendoor

Interior Academy of Hair, Esthetics &
Nails

3001 30th Ave

Vernon, BC, V1T 2C1

Phone: (250) 542-8393

V D I S S

Transportation

Vernon and District Immigrant Services

HandyDART

4210 - 24th Avenue
Vernon, BC, V1T 1M2
Phone: (250) 545-7221.
E-mail: Kiatransit@telus.ca

Vernon Airport

6300 Tronson Road
Vernon BC, V1H 1N5
Phone: 250-545-3035

Kelowna International Airport Suite 1, 5533 Airport Way

Kelowna BC, V1V-1S1
Airport Administration: 1-250-765-5125

Vernon Regional Transit System

Phone: 250-545-7221

Vernon Taxi

Phone: 250-545-3337

Capitol Taxi

Phone: 250-545-1355

Country Coachways

Phone: 250-542-7574

Westjet

1-888-937-8538 **WESTJET**
(1-888-WESTJET)

VDISS

Financial Institutes

Bank of
Montreal
3200 30 Ave
Vernon, BC, V1T 2C5
Phone: (250) 549-4000
Fax: (250) 549-4029
Toll Free: 1-800-363-9992

CIBC
3201 30th Ave
Vernon, BC, V1T 2C6
Phone: (250) 260-6300
Toll Free: 1-800-465-
2422

HSBC
3321 30th Avenue
Vernon, BC, V1T 2C9
Phone: (250) 503-5888

Royal Bank
3131 30th Ave
Vernon, BC, V1T 2C4
Phone: (250) 558-4300
Fax: (250) 545-7194

ScotiaBank
4790-27th Street
Vernon, BC, V1T 4Y6
Phone: (250) 260-5529

TD Canada
Trust
3300 32 Street
Vernon, BC, V1T 5M8
Phone: (250) 260-5725

Interior Savings
Credit Union
4301 32 Street
Vernon, BC, V1T 9G8
Phone: (250) 545-1234
Fax: (250) 542-7336

Prospera
Credit Union
910 - 4400 32 Street
Vernon, BC, V1T 9H2
Phone: (250) 550-7500

Valley First
Credit Union
3322 31 Avenue
Vernon, BC, V1T
Phone: (250) 558-5266
Toll Free: 1-800-667-8328

VDISS

Housing

Century 21

2907 32nd Street
Vernon, BC, V1T-5M2
Phone: 250-549-2103
Toll-Free: 1.877.227.4073
Website: [www.century21.ca/
executivesrealty](http://www.century21.ca/executivesrealty)

RE/MAX

5603-27th Street
Vernon, BC, V1T 8Z5
Phone: 250-549-4161
Email: vernon@okanaganshuswap.com

Royal Lepage

4007 32 Street
Vernon, B.C.
Phone: 250-545-5371
Fax: 250-542-3381
E-mail: dtr@royallepagevernon.com

Mara House

4109 - 27th Street
Vernon, BC, V1T 2L5
Phone: (250) 545-3395 or 545-3340

VDISS

Housing

Vernon Women's Transition House

North Okanagan Youth and Family Services
Society 2900 - 32nd Avenue
Vernon, BC, V1T 6M6
Phone: (250) 542-1122
Fax: (250) 549-3347
E-mail: transition@telus.net

John Howard Society

2307 - 43rd Street
Vernon, BC, V1T 6K7
Phone: (250) 542-2400
Fax: (250) 542-3213
E-mail: johnhowardsociety@shaw.ca
Website: www.johnhoward.ca

Gateway Shelter

2800 33rd Street
Vernon, BC, V1T 5S5
Phone: 250-260-2792

VDI 1555

Utilities

Shaw Cable 2924 - 28th Avenue
Vernon, BC, V1T 2V9
Phone: (250) 542-4007
Fax: (250) 542-2928
Website: www.shaw.ca
Product: Landline, Cable,
Internet

Telus Village Green Mall,
4412- 27th St
Vernon, BC
Phone: 250-545-8889
Website: www.telus.com
Product: Cell phones

Rogers Village Green Mall
4412- 27th St
Vernon, BC
Phone: 1-888-764-3771
Website: www.rogers.com
Product: Cell phones

Bell Village Green Mall,
4412- 27th St
Vernon, BC
Phone: 250-275-7170
Website: www.bell.ca
Product: Cell phones, Satellite
TV, Internet

Terasen Gas Toll-Free: 1-888-224-2710
Fax: 1-888-224-2720
E-mail:
www.terasengas.com

BC Hydro Toll-Free: 1-800-224-9376
E-mail: www.bchydro.com



Clinics, Health Units and Hospitals

VERNON AND DISTRICT IMMIGRANT
SERVICES

Vernon Jubilee Hospital

2101 - 32nd Street
Vernon, BC, V1T 5L2
Phone: (250) 545-2211
Fax: (250) 545-0369

Vernon Health Unit

1440 14th Avenue
Vernon, BC V1B 2T1
Phone: (Inspections) (250) 549-5714
Phone: (Licensing) (250) 549-5707
Fax: (250) 549-6367

Family Resource Center

201, 3402 - 27th Avenue
Vernon, BC, V1T 1S1
Phone: (250) 545-3390
Fax: (250) 549-1548
E-mail: frcadmin@shawcable.com
Website: www.vernonfrc.ca

Gartree Medical Clinic

#510 4400 32 Street
Vernon, BC, V1T 9H2
Phone: (250) 545-9112

North Okanagan Paediatric Clinic

2908 31 Ave
Vernon BC, V1T 2G4
Phone #: 250-558-5506
Fax #: 250-558-5108

Vernon Family Doctors Medical Clinic

#115 3101 Highway 6
Vernon, BC
Phone: (250) 545-8332

VDISS



Clinics, Health Units and Hospitals

VERNON AND DISTRICT IMMIGRANT
SERVICES

Screening Mammography Program of BC

Vernon, BC

Phone: (250) 549-5451

Toll Free: 1-800-663-9203

Vernon & District Hospice Society

3506 - 27 Avenue

Vernon, BC, V1T1S4

Phone: (250) 503-1800

Fax: (250) 503-1844

E-mail: info@vernonhospice.ca

Website: www.vernonhospice.ca

Primary Care

VDISS

2902 29th Avenue

Vernon, BC, V1T 1Y7

Phone: 250-541-1098

Fax: 250-541-1098

Mental Health and Disability Resources

Canadian Mental Health
Association

3100-28th Avenue
Vernon, BC, V1T 1X8
Phone: (250) 542-3114
Fax: (250) 549-8446
E-mail: sandy.rysen@cmha.vernon.bc.ca
Website: <http://www.cmha-bc.org>

Interior Health -
Mental Health and Addiction

1440 - 14th Avenue
Vernon, BC
Phone: (250) 549-5737

Mental Illness Family Support
and Information Centre

People Place
#301-2 3402 27 Avenue
Vernon, BC, V1T 1S1
Phone: (250) 260-3233
Fax: (250) 260-3212
E-mail: bcssvernon@shaw.ca
Website: www.vernon.bcss.org

Mental Health and Disability Resources

Vernon Disability Resource Centre

#107, 3402-27th Avenue

Vernon, BC, V1T 1S1

Phone: 250-545-9292

Fax: 250-545-9226

TTY: (250)542-2193

E-mail: vdrc@shaw.ca

Website: www.vdrc.ca

Therapeutic Riding Association

Box 328

Vernon, BC, V1T 6M3

Phone: (250) 549-0105

E-mail: notra@mybc.ca

Website: www.notra.info

Advocacy Access

Toll Free: 1-800-663-1278

E-mail: feedback@bccpd.bc.ca

Website: www.bccpd.bc.ca

Children and Youth

Big Brothers Big Sisters of the Okanagan 304, 3402 - 27th Avenue (The People Place)

Vernon, BC, V1T 1S1

Phone: (250) 545-6568

Fax: (250) 542-7345

Toll Free: 1-888-241-9014

E-mail: carol@bigs.bc.ca

Website: www.bigs.bc.ca

Boys & Girls Club of Vernon

VD

3300 - 37 Avenue

Vernon, BC, V1T 2Y5

Phone: (250) 542-3121

Fax: (250) 542-6559

E-mail: vernon@boysandgirlsclubs.ca

Website: www.boysandgirlsclub.ca

Girl Guides

#4, 3402 - 27th Avenue (The People Place)

Vernon, BC, V1T 1S1

Phone: (250) 545-8294

Website: www.girlguides.ca

Scouts Canada

Vernon, BC

Phone: (250) 545-4922

Toll Free: 1-888-726-8876

E-mail: scouting@junction.net

Website: www.scouts.ca

Children and Youth

Helpline for Children Kids

Vernon, BC

Phone: (250) 310-1234

TTY: To use the Telephone Device for the Deaf, dial 1-8

Website: www.safekidsbc.ca

NONA Child Development Centre
North Okanagan Neurological
Association

2802 34 Street

Vernon, BC, V1T 5X1

Phone: (250) 549-1281

Fax: (250) 549-3771

E-mail: administration@nona-cdc.com

Website: www.nona-cdc.com

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Recreation and Clubs

Greater Vernon Parks &
Recreation District

3310 - 37th Avenue
Vernon, BC, V1T 2Y5
Phone: (250) 545-6035
Fax: (250) 545-1701
Website: www.greatervernon.com/recreation

North Okanagan Youth Soccer

North Okanagan Youth Soccer
Vernon, BC
Phone: (289) 545-5808
Fax: (250) 545 - 7044
E-mail: noysa@telus.net
Website: www.noysa.net

Sovereign Lake Nordic Club

Vernon, BC
Phone: (250) 558-3036
Fax: (250) 558-3076
E-mail: sovereignlake@telus.net
Website: www.sovereignlake.com

Special Olympics

Box 741
Vernon, BC, V1T 6M1
Phone: (250) 545-7982
Website: www.bcso.bc.ca

Vernon Judo Club

Vernon, BC
Phone: (250) 545-5797/542-1964
E-mail: vernonjudo@telus.net
Website: www3.telus.net/aubcom/VJC.HTM

Recreation and Clubs



BMX Association

Vernon, BC

Phone: (250) 542-0966

Greater Vernon Minor
Hockey Association

Vernon, BC

Phone: (250) 542-0754

E-mail: gymha@shaw.ca

North Okanagan Sailing Association

Vernon, BC

Phone: (250) 260-4255

VDISS

Food and Food Safety

Food Bank

3303 32nd Avenue
Vernon, BC
Phone: 250-549-4111

North Okanagan Community Kitchens

(250) 542-7484

Vernon Farmers' Market

Vernon Multiplex Parking Lot
Phone: (250) 549-1588
Fax: (250) 549-1588
E-mail: mediashop@shaw.ca

The Good Food Box

Phone: 250-545-7617
Contact: Diane Fleming

VDISS

Seniors

Halina Senior Centre

3310 37 Ave.
Vernon, BC, V1T 2Y5

Schubert Community Centre

3505 - 30th Avenue
Vernon, BC, V1T 2E6
Phone: (250) 549-4201

Meals on Wheels

4000 25th Ave
Vernon, BC, V1T 1P4
Phone: (250) 503-3706

Other Organizations

Canadian Red Cross Society

2809 - 44th Avenue
Vernon, BC, V1T 7P4
Phone: (250) 545-3111
Fax: (250) 545-3111
Website: www.redcross.ca

Society for the Prevention of Cruelty to
Animals (SPCA)

4800 Haney Road
Box 250
Vernon, BC, V1T 6M2
Phone: (250) 549-7297
Fax: (250) 545-2910
Website: www.sPCA.bc.ca

Salvation Army

3302-32 Avenue
Vernon, BC
Phone: (250) 545-0259
E-mail: savcc@shawcable.com
Website: www.emergingarmy.com

Affiliation of Multicultural Societies and
Service Agencies of BC (AMSSA).

Vancouver, BC
Phone: (604) 718-2780
E-mail: amssa@amssa.org
Website: www.amssa.org

Mothers Against Drunk Driving
(M.A.D.D.)

Suite 1 - 2575 Ross Road
Kelowna, BC, V1Z 1M2
Phone: (250) 769-6235
Fax: (250) 769-1925
E-mail: madd@okanagan.net
Website: www.madd.ca

Notes

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